



WEEKLY JUNIOR CLINICS AT SEA PALMS

GOLF • YOGA • TENNIS

WEEKLY SESSIONS: JUNE 21-25 • JULY 5-9 • JULY 26-30

MONDAYS & TUESDAYS

Golf • 9-10:30 a.m.

Golf clinics will cover the fundamentals including full swing, short game, pitching, chipping, putting rules, and etiquette.

WEDNESDAYS

Yoga • 9-10:30 a.m.

Yoga clinics will focus on breathing exercises, balance, strength, and flexibility.

THURSDAYS & FRIDAYS

Tennis • 9-10:30 a.m.

Tennis clinics will cover the fundamentals of the game, including strokes, technique, hand-eye-foot coordination, and scoring.

AGES 6-14: \$225 JUNIOR MEMBER • \$255 PUBLIC JUNIOR • \$125 SIBLING ADD-ON
 • Each session is limited to 12 Juniors •

SELECT DATES: JUNE 21-25 JULY 5-9 JULY 26-30

STUDENT NAME: _____ AGE: _____ DATE OF BIRTH: _____

ALLERGIES: _____ DOES THE STUDENT HAVE GOLF CLUBS?: _____

SKILL LEVEL: BEGINNER INTERMEDIATE ADVANCED

2nd STUDENT NAME: _____ AGE: _____ DATE OF BIRTH: _____

ALLERGIES: _____ DOES THE STUDENT HAVE GOLF CLUBS?: _____

SKILL LEVEL: BEGINNER INTERMEDIATE ADVANCED

PARENT'S NAME: _____ EMAIL ADDRESS: _____

PRIMARY PHONE: _____ SECONDARY PHONE: _____

*For questions contact the Golf Shop at 912.434.5336
 Form can be returned via email to golfshop@seapalms.com*